

Sleeve Gastrectomy Review Questionnaire (Quiz)

Patient Name: _____ Date: _____

Please read each question carefully, and then write **T** (true) or **F** (false) on the line next to the statement.

1. _____ Besides the different types of obesity surgery, there are other forms of weight loss programs such as prescription medications, diet and exercise and medically supervised diets that can help a person lose weight.
2. _____ Diabetes, high blood pressure, back pain and similar ailments are **guaranteed** to get better after obesity surgery.
3. _____ Staple or suture lines may leak, resulting in infection.
4. _____ Behavior modification is an important part of obesity surgery and will enhance the success of weight loss.
5. _____ Re-operation is sometimes necessary due to bleeding, hernias, ulceration, bursting of stitches or staples, leakage, blockage of the intestines or stomach or other causes.
6. _____ This operation for obesity will commit me to periodic physician follow-up visits for the rest of my life.
7. _____ Weight loss is **guaranteed** after obesity surgery.
8. _____ After sleeve gastrectomy, a patient may have to take vitamin and mineral supplements, as well as having periodic nutritional assessments/studies made **for life**.
9. _____ According to the consensus statement of the ASMBS, the mortality rate (risk to life) after a sleeve gastrectomy is 0.19%.
10. _____ Regular exercise is **not** recommended after obesity surgery and does not affect the amount of weight that one ends up losing.
11. _____ Weight loss through obesity surgery involves exercise, changes in the types of food consumed, and liquids taken in, the number of meals eaten and how thoroughly the food is chewed.

Sleeve Gastrectomy Review Questionnaire (Quiz) (cont'd)

12. _____ Monthly group support meetings are a crucial part to the success of obesity surgery.
13. _____ Patients **never** feel nauseated or vomit after obesity surgery.
14. _____ Patients can feel quite miserable for the first 24 hours after surgery.
15. _____ Changes in bowel habits may occur and could include diarrhea or constipation.
16. _____ One **cannot** gain the weight back after obesity surgery.
17. _____ Obesity surgery is an easy operation and **not** a very risky one.
18. _____ Complications are **always** infrequent and minor after obesity surgery, so it is important not to bother the doctor after hours.
19. _____ In order to have obesity surgery, one must be a non-smoker and be committed to avoiding alcohol for at least one year after surgery.
20. _____ The sleeve gastrectomy is a relatively new procedure and there is no long term data of significance.
21. _____ A second stage operation may be necessary after a sleeve gastrectomy.
22. _____ There is no long term data with regard to the effectiveness of the sleeve gastrectomy on medical comorbidities such as high blood pressure, diabetes, or sleep apnea.

Signature of test-taker: _____