

Lap Adjustable Gastric Banding Review Questionnaire (Quiz)

Patient Name: _____ Date: _____

Please read each question carefully, then write **T** (true) or **F** (false) on the line next to the statement.

1. _____ Besides the different types of obesity surgery, there are other forms of weight loss programs such as prescription medications, diet and exercise and medically supervised diets that can help a person lose weight.
2. _____ Diabetes, high blood pressure, back pain and similar ailments are **guaranteed** to get better after obesity surgery.
3. _____ Behavior modification is an important part of obesity surgery and will enhance the success of weight loss.
4. _____ Re-operation is sometimes necessary due to bleeding, erosion, slips, occlusion, and esophageal dilatation
5. _____ This operation for obesity will commit me to periodic physician follow-up visits for the rest of my life.
6. _____ Weight loss is **guaranteed** after obesity surgery.
7. _____ The mortality rate for Lap Adjustable Gastric Banding is 1 in 1000.
8. _____ Regular exercise is **not** recommended after obesity surgery and does not affect the amount of weight that one ends up losing.
9. _____ Weight loss through obesity surgery involves exercise, changes in the types of food consumed, liquids taken in, the number of meals eaten and how thoroughly the food is chewed.
10. _____ Monthly group support meetings are a crucial part to the success of obesity surgery.
11. _____ Patients **never** feel nauseated or vomit after obesity surgery.
12. _____ Patients can feel quite miserable for the first 24 hours after surgery.
13. _____ Changes in bowel habits may occur and could include constipation.
14. _____ One **cannot** gain the weight back after obesity surgery.
15. _____ Obesity surgery is an easy operation and **not** a very risky one.

Lap Adjustable Gastric Banding Review Questionnaire (Quiz)

(cont'd)

16. _____ Complications are **always** infrequent and minor after obesity surgery, so it is important not to bother the doctor after hours.
17. _____ In order to have obesity surgery, one must be a non-smoker and be committed to avoiding alcohol for at least one year after surgery.
18. _____ It is important to avoid sweet eating after surgery.
19. _____ Weight loss after Lap Adjustable Gastric Banding is rapid and comparable to Gastric Bypass and Duodenal Switch in the short term.

Signature of test-taker: _____